PATIENT ALERT CARD

Nortriptyline 10mg, 20 mg Film-coated tablets

- This medicine is an effective treatment but can take time to work.
- You may experience some side effects before your symptoms improve
- Please read the leaflet provided in the box of your medicine for more information

Warning: Thoughts of self-harm and suicidal behaviour

- Do not suddenly stop taking this medicine without talking to a healthcare professional
- Tell someone you trust you are taking this medicine
- Ask your trusted person to read the leaflet
- Contact your trusted person, go to a hospital or call NHS 111, or your local NHS mental health crisis team, if you have new or worse thoughts of harming yourself

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